



# Hindu Samaj Temple

(in collaboration with)

## Heartfulness Institute

presents

### “Purity Weaves Destiny”

## Heartfulness Meditation Workshop

Program starting April 2nd 2017. Please send an e-mail to [meditation@hindusamajmandir.org](mailto:meditation@hindusamajmandir.org) for enquiries/registration

**This Sunday; Time:11:45am to 1:00pm**

1. Heartfulness meditation is being used in more than 100 countries with successful results
2. Practices very simple techniques; No prior experience needed
3. The biggest corporations like Google, Yahoo, IBM and others are implementing it

Attendees will get constant guidance and support from instructors

(Suggested donation is \$5 per session made to Hindu Samaj to cover incidental costs. Attendees can pay the donation amount (cash or check) at the time of the session.)



**247 Ramapo Ave Mahwah NJ 07430**

Register at [meditation@hindusamajmandir.org](mailto:meditation@hindusamajmandir.org)

